

All information provided in this tour dossier is subject to change without prior notice, changes would always be in consideration of your safety first and a better quality experience. This would be where we are able to make improvements, sometimes last-minute decisions due to the nature of the tour/event. Overnight accommodation stops can change depending on road or weather conditions or any unforeseen circumstances. While every effort has been made to ensure the accuracy of the properties listed in this dossier, these are to be used as a guideline only. We recommend that you download the most up to date version of this tour dossier one week prior to your tour departure date.

Partaking in an adventure tour in Africa involves covering hundreds if not thousands of kilometres and our tours are as much about this journey as they are about the destinations we visit. Use your time during these drives to talk to your fellow travellers, have a drink and take note of the world passing by your window. Some roads you travel on will be smooth and easy while others could take up to an hour to cover 1 kilometre. There is just no telling what could happen with road, weather, traffic and other conditions that may exist that will either increase or decrease the amount of time you spend on the road so take your watch off, put your iPad away, turn off your phone and just relax. An average day could take anything from 5 to 14 hours, it all depends on the day... and that's only an "average"!

**Please ensure that you have downloaded and read a copy of the PRE DEPARTURE INFORMATION booklet as this document contains important information (e.g travel insurance, visas, your money, health etc) you need to know before you depart on tour.**

<http://nomadtours.co.za/media/Pre-Departure-Information.pdf>

### Activity Package

This is an optional payment that covers what we consider to be 'essential activities' on our tours. Ideally we would include all of these, but not everyone can afford this. This payment is 100% transparent and is listed below. The Activity Package must be pre-booked along with your tour booking. We cannot always guarantee availability of the activities if you only book on the morning of your tour departing.

Activity	Price
7 Gilled Cow Shark & Cape Fur Seals dives	R 1 925
Red Bus City Tour	R 190
Table Mountain cable car	R285
Great White cage dive	R 1 900
Robben Island Tour	R 350
	R 4 650

*This itinerary has been written with the Activity Package items included. If you wish to participate in all the activities listed, you will need to purchase the Activity Package.*

### Maximum Number of Passengers

20

### After hours emergency contact

Our reservations staff are available to receive emergency calls. We would like to request that you respect this emergency number and use it only in the event of emergencies. Please only contact this number if, for example, you have missed your incoming flight, you cannot find your airport transfer or you are running late for your tour departure.

*If calling from outside South Africa: 0027 82 578 2199*

*If calling within South Africa: 082 578 2199*

### Arrival / Departure

Please be sure to arrive 1 day before your tour is due to depart. This will avoid any unforeseen problems. As the activities on your tour can be moved to any day during your tour, we also highly recommend that you book your flights to depart the day after the tour officially ends.

### Pre and Post Tour Accommodation

If you require accommodation before or after your tour we can arrange this for you. We can also arrange airport transfers – contact your travel agent or Nomad to make these bookings.

**Your tour will be departing from the following location**  
12:00pm from you Cape Town accommodation.

### Your tour will be ending at the following location

Nomad Adventure Tours, 39 Castle Street, (Corner Castle & Burg Streets), Cape Town

### Countries Visited

South Africa

### What's included

Meals (Breakfast x 3 / Lunch x 2) (unless otherwise specified, all meals are prepared and served at the Nomad truck), accommodation, guides and transport. Your marine park entry permit will also be included in this tour. We also include some of the highlights. These highlights are listed below in the day-by-day descriptions as "included highlights".

### What's excluded

Items of a personal nature (snacks, alcohol, bottled water, soft drinks, tips) / entrance fees (associated with optional activities / souvenirs / activity packages and optional activities).

### Insurance (Compulsory)

Please also note that for this tour you will require a diving insurance policy that permits multiple dives and dives to a depth of 30m (we recommend DAN divers insurance). Diving insurance can be purchased from the DAN website, [www.diversalertnetwork.org](http://www.diversalertnetwork.org). Travel insurance can be purchased via the Nomad website. (World Nomads travel insurance is in no way affiliated with Nomad Tours). [www.nomadtours.co.za/page/travel-insurance](http://www.nomadtours.co.za/page/travel-insurance).

## DIVING NOTES

Water conditions in South Africa can vary day by day. Temperatures will range from 14-26 degrees Celsius and we recommend a wetsuit of a minimum of 5mm for your comfort. Visibility ranges from 5-20m, with slightly better conditions in the winter months.

Diving is conducted on semi-rigged ribs with launches taking place either straight from beaches or via river mouths. These launches involve breaking through the incoming waves and can get bumpy.

All divers joining a Nomad Africa Dive Tour must hold an Advanced Open Water (or equivalent) certification as a minimum and be confident and comfortable in the water. If you are unsure whether your experience level is sufficient please contact us.

All dives are conducted within no decompression limits to a maximum of 30m and are standard air dives. Nitrox is available to divers at some of our diving locations. This will be at the extra cost of the diver and will require the proof of a Nitrox certification.

All divers must understand that Nomad Africa Dive Tours cannot guarantee any ocean sightings and there will be no financial reimbursement for dives where highlights are not seen. Please note in particular that the Sardine Run is not guaranteed and we can only work to the best of our knowledge with respect to time of year.

## TOUR ITINERARY

### Day 1 – Cape Town arrival and Robben Island Tour

This morning you will arrive into Cape Town International Airport and transfer to your accommodation to settle in for your 4 day city stay. At 12pm you will hop on the hotel shuttle service to the V&A Waterfront (upon arrival at the V&A Waterfront, make your way through the waterfront, over the foot bridge and towards the museum and the Robben Island ferry departure point), where you will board the ferry to the famous Robben Island, the location of the prison that Nelson Mandela was incarcerated on. This tour takes approximately 4 hours. Please ensure you have warm clothes as it can get windy on the ocean around Cape Town.

<b>Accommodation</b>	Cape Sun Hotel <a href="http://www.tsogosun.com">www.tsogosun.com</a>
<b>Facilities</b>	Two per room with en-suite bathroom <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>
<b>Activity Package</b>	Robben Island Tour

### Day 2 – Cape Fur Seal and 7 Gilled Cow Shark Dives

After breakfast, you will be collected by a transfer at 7:30am and transferred to Simon's Town, located on the Cape peninsula and the launch site for diving with Cape Fur Seals and the 7 Gilled Cow Sharks. After a dive briefing you will board the boat and head out for your two dives of the day, one with the ever playful Cape Fur Seals and another with the 7 Gilled Cow Shark. Please note that whilst these dives are available year round you may want to check on the best seasons for these dives.

After your two dives and lunch at the dive center your transfer will take you back into the city and drop you at the V&A Waterfront for a few hours of shopping, enjoying the festive atmosphere at the waterfront. Perhaps you would like to take a tour of the Cape Town Aquarium, or simply sit at one of the many restaurants or cafes to while away some hours in the sun.

<b>Accommodation</b>	Cape Sun <a href="http://www.tsogosun.com">www.tsogosun.com</a>
<b>Facilities</b>	Two per room with en-suite bathroom <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>
<b>Activity Package:</b>	7 Gilled Cow Shark & Cape Fur Seals dive
<b>Dive Centre:</b>	Pisces Dive <a href="http://www.piscesdivers.co.za">www.piscesdivers.co.za</a>
<b>Route:</b>	Cape Town City Centre to Simons Town return

## Diving with Seals and 7 Gilled Cow Sharks

### Kelp Forest Dive

One of our more popular kelp forest sites is at Pyramid Rock where we have a good possibility of encountering the Sevengill shark, which is also called the Cow shark or Broadnose Sevengill. The maximum depth is only 12 meters making it ideal for beginner and junior divers to join. The shallow depths and picturesque environment makes this the ideal environment for photographers aiming to capture these sharks in their natural habitat. The Cow sharks aggregate in the shallow channel between Pyramid Rock and the shore. If the sharks are present, there can be up to 30 sharks in the aggregation. Their curious and inquisitive nature means there is no baiting involved and we rely solely on a specific area where these animals are known to aggregate. Aside from the main attraction, the kelp forest is a beautiful environment to explore. There is an abundance of life in the kelp forest understorey.

We do have times when the sharks are not present in the area – please enquire about recent sightings when booking to have realistic expectations. If the Cow sharks are not evident, then look out for the Spotted Gully sharks, which attain 1.7 meters in length. This is a timid shark more easily approached by free divers than SCUBA divers. Then there are several species of catshark: the Pyjama catshark, Puffadder Shyshark, Leopard shyshark and Dark shyshark. These smaller sharks are between 50cm and 1.2 metres in length. The huge Short-tailed rays can occasionally be spotted. These rays grow up to 2 metres across the disk.

### Cape Fur Seal Dive

The Cape Fur Seal dive is a super fun and interactive dive and one of the signature dives that Cape Town has offered for more than two decades. The seals are very playful and love to show their acrobatic skills to divers. These seals are used to divers and are not shy at all, they will often jump in the water in large numbers to come and investigate and play with divers. We dive at Partridge Point, an exposed haul-out spot for seals. There are times when the water can be rough at the site due to waves or currents. We will make a careful assessment before entering the water and

reserve the right to divert the divers to a more protected site if conditions warrant it. A shallow section of the reef, known as the amphitheater, is the best spot to interact with the Seals. The deeper sections of the reef offer beautiful marine life, swim-throughs and large sea fans.

### Day 3 – Cape Town City Tour, Table Mountain and Constantia Wines

The best way to experience the city of Cape Town is on the classic 'Red Bus' that guides visitors around the city with full information and allows for you to jump on and off as you please. This morning you will join the Red Bus tour at the stop nearest to your hotel and enjoy the highlights of Cape Town. Jump off the bus at the iconic Table Mountain and go up the cable car to experience the impressive views of the city and beyond. Stop in Constantia and sample the marvelous Cape wines. Take the day to explore the city and enjoy the atmosphere of this vibrant town.

<b>Accommodation</b>	Cape Sun <a href="http://www.tsogosun.com">www.tsogosun.com</a>
<b>Facilities</b>	Two per room with en-suite bathroom <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>
<b>Activity Package</b>	Red bus city tour and Table Mountain cable car

### Day 4 Gansbaai Great Whites

This morning you will have an early pick up and transfer to the town of Gansbaai, the gateway to Great White diving in South Africa. You will be collected between 5-6am and served a light breakfast upon your arrival in Gansbaai, where you will also be briefed for your cage diving adventure. Today you will experience the awe-inspiring Great White Shark, up close and personal, as each person gets the opportunity to spend some time in the cage. When not in the cage you can view these incredible animals from the viewing deck on the top of the boat. On return to land we will enjoy a light lunch before making your way back to the city.

<b>Accommodation</b>	Own arrangements (please arrange with the hotel concierge to store your bags, if you are not booking a post tour night for this evening)
<b>Activity Package</b>	Great White cage dive

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