

IMPORTANT INFORMATION

All information is subject to change without prior notice, changes would always be in consideration of your safety first and a better quality experience. This would be where we are able to make improvements, sometimes last-minute decisions due to the nature of the tour/event. Please ensure that you have received the latest version of this dossier, which can be downloaded from our website as Nomad is continually striving to improve the standards and quality of our tours and itineraries are subject to change. Travel times and accommodation can change depending on road or weather conditions, or any unforeseen circumstances. These are used as a guideline only. On our longer tours it is possible that your crew, truck and fellow travellers will change due to our unique tour linking system. During our peak season (traditionally July to end October), your tour might be operated on a subcontracted truck and / or vehicle. These subcontracted vehicles will be of a similar standard to the Nomad truck. There are a maximum of 20 participants travelling on this tour. Please ensure that you download the most up to date version of this tour dossier one week prior to your tour departure date from the Nomad Dive website; www.nomaddive.co.za

Partaking in an adventure tour in Africa involves covering hundreds if not thousands of kilometres in a truck, and our tours are as much about this journey as they are about the destinations we visit. Use your time in the truck to talk to your fellow travellers, play card games, have a drink, walk around, take note of the world passing by your window and make the most of this unique opportunity to step out of your comfort zone. Some roads you travel on will be smooth and easy while others could take up to an hour to cover 1 kilometre. There is just no telling what could happen with road, weather, traffic and other conditions that may exist that will either increase or decrease the amount of time you spend on the road so take your watch off, put your iPad away, turn off your phone and just relax. An average day could take anything from 5 to 14 hours in the truck, it all depends on the day... and that's only an "average"!

We will stop for shopping, bathroom breaks, photo stops, activities and a whole lot more. If you are looking to only experience specific destinations and are not interested in the journey, perhaps adventure touring is not for you. As circumstances change in the destinations that we visit, our tour dossiers do change from time to time as we constantly improve our offering based on feedback about these changes that we receive from our guests and guides on tour. Please ensure that you download this dossier again within a week of your tour departing to ensure that you have all of the correct information regarding the tour.

Did you receive your Pre Departure Information Booklet?

If not please contact us at dive@nomadtours.co.za and we will e-mail you the document; alternatively visit us our Cape Town office Cape to collect one. You can also download the [Pre-Departure Information](http://nomadtours.co.za/media/Pre-Departure-Information.pdf) from our website at: <http://nomadtours.co.za/media/Pre-Departure-Information.pdf>

After hours contact: number: +27 (0) 82 578 2199

Activity Package

This is an optional payment that covers what we consider to be 'essential activities' on our tours. Ideally we would include all of these, but not everyone can afford this. This payment is 100% transparent and is listed below. The Activity Package must be pre-booked along with your tour booking. We cannot always guarantee availability of the activities if you only book on the morning of your tour departing.

Activity	Price
Robben Island Tour	R380
Seal Dive and 7 Gilled Cow Shark Dive	R2000
Red Bus City Tour	R310
Table Mountain Cable Car	R320
Great White Cage Dive	R2400
	R5410

This itinerary has been written with the Activity Package items included. If you wish to participate in all the activities listed, you will need to purchase the Activity Package.

What's included

Meals (Breakfast x 3 / Lunch x 2), accommodation, guides and transport. Your Marine Park Entry Permit will also be included in this tour. We also include some of the highlights. These highlights are listed below in the day-by-day descriptions as "included highlights".

What's excluded

All items of a personal nature, entrance fees, alcohol, soft drinks, bottled water, snacks, souvenirs, tips, activity package and optional activities.

Vehicle

Private transfer

Climate

The African sun is very strong. Please use a factor 30 sunscreen and wear a hat. You should drink at least 3 litres of water per day to avoid dehydration. It can also get very cold during winter months on this route. Please see Pre Departure Booklet for detailed information.

Pre and Post Tour Accommodation

If you require accommodation before or after your tour we can arrange this for you. We can also arrange airport transfers – contact your travel agent or Nomad to make these bookings.

Arrival / Departure

Please be sure to arrive 1 day before your tour is due to depart. This will avoid any unforeseen problems. As the activities on your tour can be moved to any day during your tour, we also highly recommend that you book your flights to depart the day after the tour officially ends.

Departure Point

Cape Town International Airport.

End Point

This tour will end when your return transfer drops you back at your place of accommodation.

Countries Visited

South Africa

Insurance (Compulsory)

All clients participating in a Nomad tour are required to have sufficient Medical Travel Insurance. Activity providers can refuse participation of activities, if the correct valid Medical Insurance is not provided. Please also note that for this tour you will require a diving insurance policy that permits multiple dives and dives to a depth of 30m (we recommend DAN divers insurance). Diving insurance can be purchased from the DAN website, www.diversalertnetwork.org. Travel insurance can be purchased via the Nomad website. (World Nomads travel insurance is in no way affiliated with Nomad Tours). www.nomadtours.co.za/page/travel-insurance.

Currency and Banking

As your tour may pass through multiple countries, we have prepared information on the use of local and foreign currencies, ATMs and Credit Cards for each country. This information is available on our website by visiting this page: <http://nomadtours.co.za/before-you-go/currency/>

Health

Please inform us of any pre-existing conditions such as diabetes or asthma and any prescription medicine you may be taking. We also need to know about any food allergies or physical disabilities that you may have. Please note that should you suffer from any condition that may be a contra-indication to scuba diving we will require a medical clearance from a diving physician prior to allowing you to dive on this tour.

Vaccinations

A Yellow Fever Certificate might be required for this tour depending on your nationality. Please see the [Pre-Departure Information](http://nomadtours.co.za/media/Pre-Departure-Information.pdf) (<http://nomadtours.co.za/media/Pre-Departure-Information.pdf>) booklet for detailed information on vaccinations in Africa.

Visas

As visa requirements vary considerably from country to country and nationality to nationality, please contact the various embassies or a visa service agent in your home country to re-check your visa requirements at least 4 weeks prior to travelling. Please note that visas are the responsibility of the traveller and that Nomad Adventure Tours will not be held responsible for guests being denied entry should they not be in the possession of the relevant visas. All travellers must be in possession of a valid onward/return air ticket or proof of other means of transport enabling the traveller to leave the country in which your adventure tour passes or terminates. You should also have proof of sufficient funds (e.g. credit card) to see you through your time in the country. Should the adventure tour you are joining be re-entering a country, be sure to have a multiple entry visa that enables you to re-enter the country. In some cases visas are available on entry into a country and may be cheaper to do so, however for peace of mind and to speed up the border crossing process, Nomad will always advise you to get your visas prior to your trip if possible.

Malaria

Malaria prophylactics are required throughout this route. Please note that Lariam may not be taken when planning to scuba dive. Please inform your doctor that you will be diving so that he/she can prescribe an anti-malaria that is suitable.

Day 1 – Cape Town arrival and Robben Island Tour

This morning you will arrive into Cape Town International Airport and transfer to your accommodation to settle in for your 4 day city stay. At 12/1pm you will transfer to the V&A Waterfront where you will board the ferry to the famous Robben Island, the location of the prison that Nelson Mandela was incarcerated on. This tour takes approximately 4 hours. Please ensure you have warm clothes as it can get windy on the ocean around Cape Town.

Please note that the Robben Island excursion will be dependant on flight arrival times into Cape Town.

Accommodation Tsogo Sun, Southern Sun, Cape Sun, 23 Strand Street, Cape Town, 8000 (or equivalent). www.tsogosun.com

Facilities Two per room with shared bathroom

Please visit the website of the accommodation provider for a full list of the facilities offered.

Day 2 – Cape Fur Seal and 7 Gilled Cow Shark Dives

After breakfast at your accommodation you will be collected and transferred to Simon's Town, located on the Cape peninsular and the launch site for diving with Cape Fur Seals and the 7 Gilled Cow Sharks. After a dive briefing you will board the boat and head out for your two dives of the day, one with the ever playful Cape Fur Seals and another in search of the 7 Gilled Cow Shark. Please note that whilst these dives are available year round you may want to check on the best seasons for these dives.

After your two dives and a full lunch at the dive centre your transfer will take you back into the city and drop you at the V&A Waterfront for a few hours of shopping and enjoying the festive atmosphere at the waterfront. Perhaps you would like to take a tour of the Cape Town Aquarium, or simply sit at one of the many restaurants or cafes to while away some hours in the sun.

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Facilities Two per room with shared bathroom

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Highlights: 2 dives with the Cape Fur Seals and 7 Gilled Cow Sharks

Dive Centre: Pisces Dive www.piscesdivers.co.za

Route: Cape Town City Centre to Simons Town return

Diving with Seals and 7 Gilled Cow Sharks**Kelp Forest Dive**

One of our more popular kelp forest sites is at Pyramid Rock where we have a good possibility of encountering the Sevengill shark, which is also called the Cow shark or Broadnose Sevengill. The maximum depth is only 12 metres making it ideal for beginner and junior divers to join. The shallow depths and picturesque environment makes this is the ideal environment for photographers aiming to capture these sharks in their natural habitat.

The Cowsharks aggregate in the shallow channel between Pyramid Rock and the shore. If the sharks are present, there can be up to 30 sharks in the aggregation. Their curious and inquisitive nature means there is no baiting involved and we rely solely on a specific area where these animals are known to aggregate. Aside from the main attraction, the kelp forest is a beautiful environment to explore. There is an abundance of life in the kelp forest.

We do have times when the sharks are not present in the area – please enquire about recent sightings when booking to have realistic expectations. If the Cowsharks are not evident, then look out for the Spotted Gully sharks, which attain 1.7 metres in length. Then there are several species of catshark: the Pyjama catshark, Puffadder Shyshark, Leopard shyshark and Dark shyshark. These smaller sharks are between 50cm and 1.2 metres in length. The huge Short-tailed rays can occasionally be spotted. These rays grow up to 2 metres across the disk.

Cape Fur Seal Dive

The Cape Fur Seal dive is a super fun and interactive dive and one of the signature dives that Cape Town has offered for more than two decades.

The seals are very playful and love to show their acrobatic skills to divers.

These seals are used to divers and are not shy at all, they will often jump in the water in large numbers to come and investigate and play with divers.

We dive at Partridge Point, an exposed haul-out spot for seals. There are times when the water can be rough at the site due to waves or currents.

We will make a careful assessment before entering the water and reserve the right to divert the divers to a more protected site if conditions warrant it.

A shallow section of the reef, known as the amphitheater, is the best spot to interact with the Seals. The deeper sections of the reef offer beautiful marine life, swim-throughs and large sea fans.

Day 3 – Cape Town City Tour, Table Mountain and Constantia Wines

The best way to experience the city of Cape Town is on the classic 'Red Bus' that guides visitors around the city with full information and allows for you to jump on and off as you please. This morning you will join the Red Bus tour at the stop nearest to your hotel and enjoy the highlights of Cape Town. Jump off the bus at the iconic Table Mountain and go up the cable car to experience the impressive views of the city and beyond. Stop in Constantia and sample the marvelous Cape wines. Take the day to explore the city and enjoy the atmosphere of this vibrant town.

Accommodation Tsogo Sun, Southern Sun, Cape Sun, 23 Strand Street, Cape Town, 8000 (or equivalent). www.tsogosun.com

Facilities Two per room with shared bathroom

Please visit the website of the accommodation provider for a full list of the facilities offered.

Day 4 Gansbaai Great Whites

This morning you will have an early pick up and transfer to the town of Gansbaai, the gateway to Great White diving in South Africa. You will be collected between 5-6am and served a light breakfast upon your arrival in Gansbaai, where you will also be briefed for your cage diving adventure. Today you will experience the awe-inspiring Great White Shark, up close and personal, as each person gets the opportunity to spend some time in the cage. When not in the cage you can view these incredible animals from the viewing deck on the top of the boat. Please note that we cannot guarantee Great White sightings but have a high success rate on these excursions.

On return to land you will be given hot soup and a tasty lunch before making your way back to the city where your tour will come to an end.

This itinerary has been written with the Activity Package items included. If you wish to participate in all the activities listed, you will need to purchase the Activity Package.

USEFUL INFORMATION

South Africa

South Africa is one of the most popular tourist destinations in Africa, as it offers truly magnificent views and has an abundance of activities to enjoy. This Southern African country is rich with culture and traditions; with every citizen having a unique heritage, culture and story to tell. Here, guests will find themselves enchanted with a unique vibrancy and absorbed in the freedom of every citizen. The combination of the beauty of the landscape and friendly nature of the locals makes South Africa a truly inspiring and exciting country to explore. Since the 17th century and the arrival of its very first settlers, South Africa has been claimed, to be one of the most beautiful destinations in the world. Not only is the weather warm and mild throughout the year, but locals and visitors enjoying an endlessly beautiful scenery and diversity in landscapes. Undoubtedly, South Africa's main attractions are its beautiful mountain and coastal views, however its cities also attract more than enough tourist attention.

In 2010, South Africa hosted the FIFA Soccer World Cup, putting on an incredible show and proving themselves as one of the world's leaders in the hospitality industry. Guests were made to feel welcome and encouraged to participate in local celebrations and enjoy the sights of each region; a factor which surely contributed to the Mother City of South Africa, Cape Town, being voted by TripAdvisor to be the most desired tourist destination in the world. Among South Africa's other top attractions are Johannesburg (The City of Gold), Durban (a surfer's paradise), Port Elizabeth (the friendly city), the Garden Route and the Kruger National Park.

MEALS ON TOUR

Included on your tour are three meals a day (unless otherwise specified on your tour dossier). We are able to cater for specific dietary requirements to a degree, however please keep in mind that you are travelling with a group and the guides generally prepare meals on two gas burners so it is not possible for them to prepare regular meals, gluten intolerant, lactose intolerant and vegetarian meals all at the same time. Where possible, our guides will accommodate clients who have indicated their dietary requirements prior to the tour departing. We unfortunately cannot cater for requests at the start of the tour.

If you are vegan, the guides will provide you with salads, vegetables, fruits, rice, beans, pasta, cereals and breads however their budget and time does not allow them to shop for quinoa, seeds, nuts, tofu, soya milk and other protein substitutes. Please keep this in mind when going to the supermarket so that you can supplement these foods for yourself, it will be at your own expense, the guides will however store it for you in their fridge.

When travelling through Africa, the guides are briefed to shop at supermarkets as far as possible, as shopping at street vendors could be a health risk to the guests as there is no indication as to where or how the vendors grow, harvest and transport their produce. Guides have to be responsible and ensure that their produce comes from reliable sources and this can generally only be done by shopping at the supermarkets. The prevalence of street vendors also means that there is thieving from local farms who support the local industry, and this in turn means that the farms become unsustainable, leaving the community in a worse off position.

Breakfast: As breakfast is served very early in the morning (if there is driving or activities to be done) it is a simple but filling breakfast: Tea and coffee, breads and spreads, cereals, yoghurts, fruits and on occasion, when there is time for a later breakfast, guides will serve a hot breakfast of scrambled eggs, porridge, bacon or beans..

Lunch: Lunch is generally served at a picnic spot next to the road en route to a destination. As the guides only have approximately 45 minutes to get everyone off the truck, prepare lunch and then get everyone back on the truck again, lunches consist of sandwiches and salads (rice salad, pasta salad, tuna salad and green salad) which are quick and easy to prepare but which are quite filling.

Dinner: This is when the guides get time to prepare a delicious meal and they focus on a substantial protein, vegetable and carbohydrate dinner. We serve traditional campfire cuisine consisting of braais (BBQ), potjie (stew), bobotie (mince), spaghetti and fish and chicken dishes. All meals (on both accommodated and camping tours) that are included as per the dossier are prepared at the full service adventure truck. This is a unique adventure in itself where you get to dine under the stars with your new found friends and experience the real sights and sounds of Africa!

Most evenings are spent at our accommodation talking about Africa. Your tour dossier will have details of where you will be each night and the prices of meals if we are spending an evening at leisure in a city or town. After or during dinner, guides will do briefings, please use this opportunity to discuss things with them.

Standards of food in East Africa are not as high as they are in Southern Africa as there is much less time for preparation (the days on the road are longer in East Africa), food is a lot more expensive and there is not as much variety available.

Special Requirements

Please confirm to us in writing if you are a vegetarian or if you suffer from any allergies (i.e nuts, milk, fish) (i.e. vegetarian), allergies (i.e. nuts,

milk, fish). Where possible our guides do try and accommodate clients with intolerances (i.e. gluten, lactose), however we cannot guarantee the availability of speciality foods en-route and we therefore recommend you to bring these items with you or purchase them prior to departing on your tour. Likes and dislikes in food preferences cannot be accommodated; only allergies and life threatening situations will be regarded.

DIVING NOTES

Water conditions in South Africa can vary day by day. Temperatures will range from 14-26 degrees Celsius and we recommend a wetsuit of a minimum of 5mm for your comfort. Visibility ranges from 5-20m, with slightly better conditions in the winter months.

Diving is conducted on semi-rigged ribs with launches taking place either straight from beaches or via river mouths. These launches involve breaking through the incoming waves and can get bumpy.

All divers joining a Nomad Africa Dive Tour must hold an Advanced Open Water (or equivalent) certification as a minimum and be confident and comfortable in the water. If you are unsure whether your experience level is sufficient please contact us.

All dives are conducted within no decompression limits to a maximum of 30m and are standard air dives. Nitrox is available to divers at some of our diving locations. This will be at the extra cost of the diver and will require the proof of a Nitrox certification.

All divers must understand that Nomad Africa Dive Tours cannot guarantee any ocean sightings and there will be no financial reimbursement for dives where highlights are not seen. Please note in particular that the Sardine Run is not guaranteed and we can only work to the best of our knowledge with respect to time of year.

TIPPING ON TOUR

In general tipping in restaurants is expected and is around 10% for good service, more if you have received exceptional service, and, feel free not to tip at all if you received poor service. Tipping taxi drivers etc is really at your own discretion and not always expected. If in doubt please ask your guides. It is expected to tip porters and car guards etc. Ask your guides how much is appropriate in local currency. Our Crew can be tipped if you feel that they have done a good job and/or gone above and beyond the call of duty. The best way to arrange tips is to elect one person in the group to collect the money. We recommend USD2-3 (or about R25-R30) per day per person, per guide as a fair tip. So if you have 3-crew on a tour, we would recommend that 3 envelopes are used and each crew member's name written on one. Place what you feel is fair into each envelope and the elected person can give these to the crew at the end of the tour. If you do not feel that the crew deserve a tip, please, do not tip them. You must remember that tipping is only for exceptional service and is not at all compulsory or expected.

THE NOMAD AFRICAN TRUST www.nomadafricantrust.co.za

At Nomad we are passionate about the people, places and wildlife of Africa that make our tours so special. In order to give back, we have set up the Nomad African Trust. If you would like to find out more about the Trust, our beneficiary projects and how you can help, visit the website (above) or contact us on info@nomadafricantrust.co.za.

GREEN SEATS – TRAVEL RESPONSIBLY IN AFRICA

Nomad gives you the opportunity to offset your carbon footprint by purchasing a "Green Seat". If you would like to help Nomad making Africa Greener, simply choose the tick box on your booking form and we will take care of the rest. The Nomad African Trust, with partner projects will plant Spekboom, which are ecologically viable and that have a very high carbon absorption rate. You will receive a certificate of your contribution towards offsetting your carbon footprint while on tour with Nomad. Green Seats can be purchased at departure or on tour with your guide. For more information on our "Green Seats", please visit www.nomadtours.co.za/about-nomad/green-seats

SOCIAL PAGES AND MEDIA

Please feel free to follow, poke, share and like our social spaces below. It would be great if you could load your pictures, videos and memories to the pages too so that you can share them with your friends and ours.

Facebook – (www.facebook.com/NomadTours)

Youtube – (www.youtube.com/NomadAdventureTours)

Flickr – (www.flickr.com/photos/nomadtours)

Twitter – (twitter.com/nomadtours)

LinkedIn – (www.linkedin.com/company/nomad-tours)

We would like to offer you the opportunity to share your experiences on tour with your friends and family at home. We have setup a blogging environment for you, free of charge! All you have to do is sign in and then upload your stories and pictures and get sharing. Log on to: <http://blogs.nomadtours.co.za/> to start your journey and please feel free to contact handrick@nomadtours.co.za if you have any questions.

THANK YOU FOR TRAVELLING WITH NOMAD

At the end of your tour you will be provided with feedback forms. These forms are confidential and should be given to your crew in a sealed envelope. If you are not sure of the confidentiality of the feedback form please feel free to email us as well on ops@nomadtours.co.za. Please make sure to also complete the feedback form as we use the answers on these forms to improve and maintain our service levels. Accommodation providers are subject to change without notice, the accommodation listed in this dossier is our preferred supplier, but sometimes due to availability, we are unable to make use of the property listed in this dossier. If we cannot use the accommodation provider as listed we will substitute another property of similar standards, however, en-suite facilities are not always guaranteed.